

NMB AQUATICS RECORDS AS AT 30 MAY 2016

BOYS 17 YEARS					GIRLS 17 YEARS						
		EP	AC	EP	DOM			EP	AC	EP	DOM
INDIVIDUAL					INDIVIDUAL						
50M FREESTYLE					50M FREESTYLE						
Wesley S. Morris	2009	EP	23.65		Robyn Charter	2011	EP	27.56			
Wesley S. Morris	2009	EP		23.65	Robyn Charter	2011	EP			27.56	
100M FREESTYLE					100M FREESTYLE						
Christopher Reid	2013	EP	52.20		Tarryn Els	2014	EP	59.57			
Christopher Reid	2013	EP		52.20	Tarryn Els	2014	EP			59.57	
200M FREESTYLE					200M FREESTYLE						
Christopher Reid	2013	EP	1:52.13		Tarryn Els	2015	EP	2:09.86			
Christopher Reid	2013	EP		1:52.13	Tarryn Els	2015	EP			2:09.86	
400M FREESTYLE					400M FREESTYLE						
Christopher Reid	2012	EP	3:58.79		Carmel Billson	2010	EP	4:34.82			
Christopher Reid	2012	EP		3:58.79	Kaley Gouws	2014	EP			4:33.46	
800M FREESTYLE					800M FREESTYLE						
Frank Greeff	2004	EP	8:34.60		V. Jv Rensburg	2004	EP	9:08.10			
Frank Greeff	2009	EP		8:34.60	V. Jv Rensburg	2004	EP			9:08.10	
1500M FREESTYLE					1500M FREESTYLE						
Chrispher Reid	2013	EP	16:23.33		V. Jv Rensburg	2004	EP	17:36.53			
Chrispher Reid	2013	EP		16:23.33	V. Jv Rensburg	2004	EP			17:36.53	
50M BACKSTROKE					50M BACKSTROKE						
Christopher Reid	2013	EP	26.71		Erin Graham	2013	EP	30.90			
Christopher Reid	2013	EP		26.71	Erin Graham	2013	EP			30.90	
100M BACKSTROKE					100M BACKSTROKE						
Christopher Reid	2013	EP	56.29		Tamlyn Price	2013	EP	1:06.01			
Christopher Reid	2013	EP		56.29	Tamlyn Price	2013	EP			1:06.01	
200M BACKSTROKE					200M BACKSTROKE						
Christopher Reid	2013	EP	2:00.80		Emma Kaley	2014	SWD	2:27.14			
Christopher Reid	2013	EP		2:00.80	Carmel Billson	2010	EP			2:28.59	
50M BREASTSTROKE					50M BREASTSTROKE						
David Marais	2008	EP	29.52		Taryn Mackenzie	2010	CGA	33.44			
David Marais	2008	EP		29.52	Keri J. Plumstead	2008	EP			33.87	
100M BREASTSTROKE					100M BREASTSTROKE						
David Marais	2008	EP	1:05.52		Taryn Mackenzie	2010	CGA	1:13.82			
David Marais	2008	EP		1:05.52	Keri J. Plumstead	2008	EP			1:15.18	
200M BREASTSTROKE					200M BREASTSTROKE						
Alaric Basson	2013	EP	2:20.27		Taryn Mackenzie	2010	CGA	2:38.30			
Alaric Basson	2013	EP		2:20.27	Keri J. Plumstead	2008	EP			2:44.47	
50M BUTTERFLY					50M BUTTERFLY						
Dylan Bosch	2010	CGA	25.30		Tarryn Els	2015	EP	28.97			
Adam Stevenson	2012	EP		25.51	Tarryn Els	2015	EP			28.97	
100M BUTTERFLY					100M BUTTERFLY						
Dylan Bosch	2010	CGA	54.81		Tarryn Els	2014	EP	1:03.05			
Christopher Reid	2013	EP		55.15	Tarryn Els	2014	EP			1:03.05	
200M BUTTERFLY					200M BUTTERFLY						
Frank Greeff	2010	EP	2:03.52		Tarryn Els	2015	EP	2:17.94			
Frank Greeff	2010	EP		2:03.52	Tarryn Els	2015	EP			2:17.94	
200M INDIVIDUAL MEDLEY					200M INDIVIDUAL MEDLEY						
Christopher Reid	2013	EP	2:04.28		M. Bester	1998	FS	2:27.84			
Christopjer Reid	2013	EP		2:04.28	Jessica Liss	2013	EP			2:28.58	
400M INDIVIDUAL MEDLEY					400M INDIVIDUAL MEDLEY						
Christopher Reid	2013	EP	4:28.08		M. Bester	1998	FS	5:09.63			
Christopher Reid	2013	EP		4:28.08	Jessica Liss	2013	EP			5:09.55	
RELAYS					RELAYS						
4X50M FREESTYLE					4X50M FREESTYLE						
Curro - Durbanville	2015	WP	1:48.15		EP	2010	EP	1:49.66			
KASA	2009	EP		1:37.28	EP	2010	EP			1:49.66	
4X100M FREESTYLE					4X100M FREESTYLE						
Aquabear	2015	EP	3:51.57		Curro	2015	WP	4:27.97			
Aquabear	2015	EP		3:51.57	Eastern Province Aquatics	2010	EP			4:03.38	
4X200M FREESTYLE					4X200M FREESTYLE						
No Record					TWSA	2015	EP	9:31.70			
No Record					TWSA	2015	EP			9:31.70	
4X50M MEDLEY					4X50M MEDLEY						
ECAPE	2010	0	0		ECAPE	2006	EP	2:07.44			
ECAPE	2010	EP		1:51.41	ECAPE	2009	EP			2:07.44	
EP	2010	EP		1:51.41							
4X100M MEDLEY					4X100M MEDLEY						
No Record					Aquabear	2010	EP	4:46.46			
Karoly Swimming Academy	2008	EP		4:21.23	Aquabear	2011	EP			4:33.92	