

NMB AQUATICS RECORDS AS AT 30 MAY 2016

BOYS 13 YEARS					GIRLS 13 YEARS				
			EP AC	EP DOM				EP AC	EP DOM
INDIVIDUAL					INDIVIDUAL				
50M FREESTYLE					50M FREESTYLE				
Christopher P. Reid	2009	EP	25.24		Lindi Cillie	2015	WP	27.86	
Christopher P. Reid	2009	EP		25.24	Kaley Gouws	2013	EP		28.19
100M FREESTYLE					100M FREESTYLE				
Christopher P. Reid	2009	EP	56.16		Kaley Gouws	2013	EP	1.00.76	
Christopher Reid	2009	EP		56.34	Kaley Gouws	2013	EP		1.00.76
200M FREESTYLE					200M FREESTYLE				
Christopher P. Reid	2009	EP	2.02.19		Michelle Webber	2010	KZN	2.08.87	
Christopher P. Reid	2009	EP		2.02.19	Jessica S. Liss	2009	EP		2.10.54
400M FREESTYLE					400M FREESTYLE				
Christopher P. Reid	2009	EP	4.20.39		Michelle Webber	2010	KZN	4.28.74	
Christopher P. Reid	2009	EP		4.20.39	Jessica S. Liss	2008	EP		4:31.72
800M FREESTYLE					800M FREESTYLE				
M vd Berg	2005	EP	9:17.27		Michelle Webber	2010	KZN	9.04.48	
M vd Berg	2005	EP		9:17.27	Guppy Fish	2008	EP		9:22.66
1500M FREESTYLE					1500M FREESTYLE				
S. Fantham	2002	BO	17:28.18		Guppy Fish	2008	EP	17:41.75	
M vd Berg	2005	EP		17:50.92	Guppy Fish	2008	EP		17:41.75
50M BACKSTROKE					50M BACKSTROKE				
Christopher P. Reid	2009	EP	28.82		Chloe Velde	2014	EP	31.57	
Christopher P. Reid	2009	EP		28.82	Jessica Beukes	2014	EP		32.50
100M BACKSTROKE					100M BACKSTROKE				
Christopher P. Reid	2009	EP	1.01.54		R Du Plessis	1994	WP	1:06.48	
Christopher P. Reid	2009	EP		1.01.54	Jessica Beukes	2014	EP		1:08.06
200M BACKSTROKE					200M BACKSTROKE				
Christopher P. Reid	2009	EP	2.10.19		Jessica Beukes	2014	EP	2:25.30	
Christopher P. Reid	2009	EP		2.10.19	Jessica Beukes	2014	EP		2:25.30
50M BREASTSTROKE					50M BREASTSTROKE				
Joshua Emslie	2016	BO	31.93		A. Roe	2005	EP	33.72	
D. Marias	2005	EP		32.97	A. Roe	2005	EP		33.72
100M BREASTSTROKE					100M BREASTSTROKE				
D. Marais	2005	EP	1:10.27		Jessica S. Liss	2009	EP	1.12.36	
D. Marais	2005	EP		1:10.27	Jessica S. Liss	2009	EP		1.12.36
200M BREASTSTROKE					200M BREASTSTROKE				
D. Marais	2005	EP	2:31.80		Jessica S. Liss	2009	EP	2.30.38	
D. Marais	2005	EP		2:31.80	Jessica S. Liss	2009	EP		2.30.38
50M BUTTERFLY					50M BUTTERFLY				
Christopher P. Reid	2009	EP	27.02		Marne Erasmus	2008	BO	29.77	
Christopher P. Reid	2009	EP		27.02	A. Roe	2004	EP		30.82
100M BUTTERFLY					100M BUTTERFLY				
Christopher P. Reid	2009	EP	59.21		Jessica S. Liss	2009	EP	1:06.96	
Christopher Reid	2009	EP		59.21	Jessica S. Liss	2009	EP		1:06.96
200M BUTTERFLY					200M BUTTERFLY				
Jack Carlisle	2011	WP	2.19.14		Jessica S. Liss	2008	EP	2:22.63	
G. Wright	2003	EP		2:20.53	Jessica S. Liss	2008	EP		2:22.63
200M INDIVIDUAL MEDLEY					200M INDIVIDUAL MEDLEY				
Christopher P. Reid	2009	EP	2.15.11		Jessica S. Liss	2009	EP	2.21.19	
Christopher P. Reid	2009	EP		2.15.11	Jessica S. Liss	2009	EP		2.21.19
400M INDIVIDUAL MEDLEY					400M INDIVIDUAL MEDLEY				
Christopher P. Reid	2009	EP	4.43.85		Jessica S. Liss	2009	EP	4.54.88	
Christopher P. Reid	2009	EP		4.43.85	Jessica S. Liss	2009	EP		4.54.88
RELAYS					RELAYS				
4X50M FREESTYLE					4X50M FREESTYLE				
Aquabear	2014	EP	1:58.26		PEA	2014	EP	2:01.04	
Aquabear	2014	EP		1:58.26	PEA	2014	EP		2:01.04
4X100M FREESTYLE					4X100M FREESTYLE				
EP	2002	EP	4:28.18		PEA	2011	EP	4.32.22	
EP	2002	EP		4:28.18	PEA	2011	EP		4.32.22
4X200M FREESTYLE					4X200M FREESTYLE				
PEA	2014	EP	10:24.46		Aquabear	2015	EP	9:32.89	
PEA	2014	EP		10:24.46	Aquabear	2015	EP		9:32.89
4X50M MEDLEY					4X50M MEDLEY				
SwimCATS	2004	EP	2:11.36		EP	2006	EP	2:13.79	
SwimCATS	2004	EP		2:11.36	EP	2006	EP		2:13.79
4X100M MEDLEY					4X100M MEDLEY				
Eastern Province	2002	EP	4:58.90		EP	2012	EP	5.06.90	
Eastern Province	2002	EP		4:58.90	EP	2012	EP		5.06.90
4X50M MIXED MEDLEY					4X50M MIXED FREESTYLE				
					Vikings	2015	BO	2:02.29	
4X100M MIXED MEDLEY					4X100M MIXED FREESTYLE				