

NMB AQUATICS RECORDS AS AT 30 MAY 2016

BOYS 10 & UNDER				GIRLS 10 & UNDER			
		EP AC	EP DOM			EP AC	EP DOM
INDIVIDUAL				INDIVIDUAL			
50M FREESTYLE				50M FREESTYLE			
J. Kriel	2004	BO	29.61	Catherine Eland	2015	FS	30.44
A. Stevenson	2005	EP		M. Paul	2005	EP	31.13
100M FREESTYLE				100M FREESTYLE			
J. Kriel	2004	BO	1:05.25	J. Liss	2006	EP	1:06.69
C. Reid	2006	EP		J. Liss	2006	EP	1:06.69
200M FREESTYLE				200M FREESTYLE			
J. Kriel	2004	BO	2:26.75	J. Liss	2006	EP	2:21.69
A. Stevenson	2005	EP		J. Liss	2006	EP	2:21.69
400M FREESTYLE				400M FREESTYLE			
A. Stevenson	2005	EP	5:03.73	J. Liss	2006	EP	4:54.06
A. Stevenson	2005	EP		J. Liss	2006	EP	4:54.06
800M FREESTYLE				800M FREESTYLE			
V. Kuhn	2004	EP	10:46.82	J. Liss	2006	EP	10:14.35
V. Kuhn	2004	EP		J. Liss	2006	EP	10:14.35
1500 FREESTYLE				1500 FREESTYLE			
P. Kuhn	1998	EP	21:22.74	J. Liss	2005	EP	19:45.20
P. Kuhn	1998	EP		J. Liss	2005	EP	19:45.20
50M BACKSTROKE				50M BACKSTROKE			
Dennis de Villiers	2014	BO	35.01	Catherine Eland	2015	FS	33.63
Dennis de Villiers	2014	EP		Britney Brown	2015	EP	36.53
100M BACKSTROKE				100M BACKSTROKE			
C. Reid	2006	EP	1:15.99	Catherine Eland	2015	FS	1:17.99
C. Reid	2006	EP		Britney Brown	2015	EP	1:18.51
200M BACKSTROKE				200M BACKSTROKE			
C. Reid	2006	EP	2:38.96	J. Liss	2006	EP	2:45.32
C. Reid	2006	EP		J. Liss	2006	EP	2:45.32
50M BREASTSTROKE				50M BREASTSTROKE			
K. Paul	2001	WP	39.21	J. Liss	2006	EP	36.46
A. Stevenson	2005	EP		J. Liss	2006	EP	36.46
100M BREASTSTROKE				100M BREASTSTROKE			
B. Sheppard	2006	BO	1:26.10	J. Liss	2006	EP	1:18.99
A. Stevenson	2005	EP		J. Liss	2006	EP	1:18.99
200M BREASTSTROKE				200M BREASTSTROKE			
B. Sheppard	2006	BO	3:00.26	J. Liss	2006	EP	2:46.87
A. Stevenson	2005	EP		J. Liss	2006	EP	2:46.87
50M BUTTERFLY				50M BUTTERFLY			
A. Stevenson	2005	EP	32.73	Kaylee Dekker	2013	WF	33.89
A. Stevenson	2005	EP		M. Paul	2005	EP	33.94
100M BUTTERFLY				100M BUTTERFLY			
A. Stevenson	2005	EP	1:14.41	J. Liss	2006	EP	1:13.78
A. Stevenson	2005	EP		J. Liss	2006	EP	1:13.78
200M BUTTERFLY				200M BUTTERFLY			
A. Stevenson	2005	EP	2:53.42	J. Liss	2005	EP	2:42.51
A. Stevenson	2005	EP		J. Liss	2005	EP	2:42.51
200M INDIVIDUAL MEDLEY				200M INDIVIDUAL MEDLEY			
A. Stevenson	2005	EP	2:45.95	J. Liss	2006	EP	2:36.66
A. Stevenson	2005	EP		J. Liss	2006	EP	2:36.66
400M INDIVIDUAL MEDLEY				400M INDIVIDUAL MEDLEY			
A. Stevenson	2005	EP	5:46.91	J. Liss	2006	EP	5:22.96
A. Stevenson	2005	EP		J. Liss	2006	EP	5:22.96
RELAYS				RELAYS			
4X50M FREESTYLE				4X50M FREESTYLE			
Bloem Seals	1996	FS	2:13.94	PEA	2011	EP	2:12.57
PEA	2002	EP		PEA	2011	EP	2:12.57
4X100M FREESTYLE				4X100M FREESTYLE			
Aquabear	2006	EP	5:08.93	BEST	2011	EP	5:22.29
Aquabear	2006	EP		BEST	2011	EP	5:22.29
4X200M FREESTYLE				4X200M FREESTYLE			
No Record				No Record			
No Record				No Record			
4X50M MEDLEY				4X50M MEDLEY			
EP	2013	EP	2:36.42	EP	2013	EP	2:33.91
EP	2013	EP		EP	2013	EP	2:33.91
4X100M MEDLEY				4X100M MEDLEY			
PEA	2006	EP	6:16.98	PEA	2012	EP	5:58.86
PEA	2006	EP		PEA	2012	EP	5:58.86
4X50M MIXED MEDLEY - 10 & UNDER				4X50M MIXED FREESTYLE - 10 & UNDER			
Aquabear	2015	EP	2:51.45	Aquabear	2015	EP	2:25.07
Aquabear	2015	EP		Aquabear	2015	EP	2:25.07
4X100M MIXED MEDLEY - 10 & UNDER				4X100M MIXED FREESTYLE - 10 & UNDER			
				AquaBear	2015	EP	5:22.89
				AquaBear	2015	EP	5:22.89